



Scotland **The Perfect Stage**

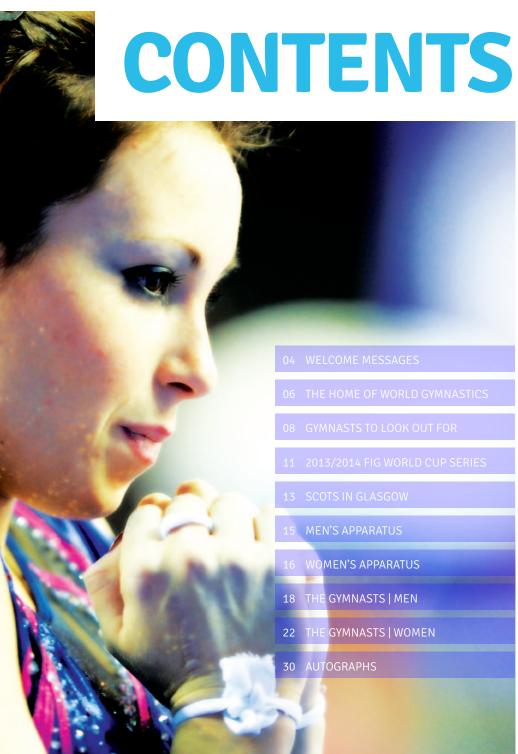
Scotland

EventScotland is proud to support the Glasgow World Cup Gymnastics. Next year, Glasgow will host gymnastics during the Commonwealth Games, leaving a lasting legacy for major sporting events in Scotland.

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WELCOME MESSAGES



Councillor Archie Graham Chair Of Glasgow Life and The Executive Member For The Commonwealth Games

On behalf of the city of Glasgow welcome to the fantastic Emirates Arena for what promises to be another exciting Glasgow World Cup Gymnastics. The event was staged in this world class venue for the first time last year and it was the biggest gymnastics event Glasgow had ever seen. We are proud to be hosting such a prestigious international competition once again and this one looks to be the best yet.

The Emirates Arena celebrated its first birthday earlier this year and has already established itself as the home of Scottish sport. The £113 million facility is undoubtedly one of the best indoor sporting facilities in the world and reaffirms Glasgow's position as one of the world's leading sporting cities.

Glasgow is the UK's only World Cup round this year and we are delighted that some of the best gymnasts from around the globe will display their magnificent talents here at the Emirates Arena. Of course, many of these athletes will also go on to star at the Glasgow 2014 Commonwealth Games next summer and the Artistic Gymnastics World Championships in 2015.

But today is all about the World Cup, medals, and the 5,000 spectators being treated to the very best in competitive action. I have no doubt the event will be thrilling and I would like to thank our partners at British Gymnastics, EventScotland, UK Sport, Scottish Gymnastics and new event sponsor VTB for helping make this world-class event possible. Good luck to all the gymnasts taking part.



Alan Sommerville OBE CDir FloD President British Gymnastics

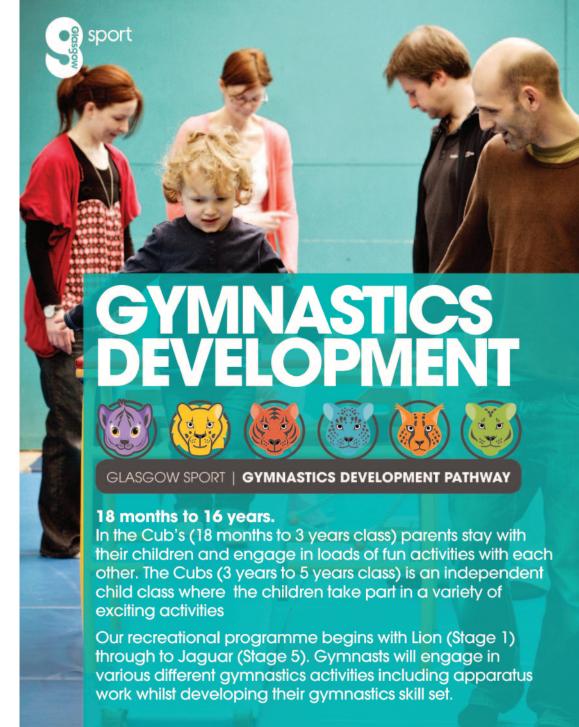
Avery warm welcome to the 2013 Glasgow World Cup. As a showcase for artistic gymnastics this prestigious event attracts world-class gymnasts with only the best invited to compete.

With the Commonwealth Games in 2014 and Artistic Gymnastics World Championships in 2015 Glasgow can look forward to some sensational competitions and this World Cup is definitely amongst them in showcasing the very greatest.

We look forward to seeing familiar names in Scotsman Daniel Purvis, Olympic team-mate Sam Oldham, Raer Theaker and Ruby Harrold whose bar routine is certainly one to wow the crowd. The international contingent laden with Olympic, World and European medals will provide great competition and I'm sure the crowd will be treated to some awe-inspiring performances.

As the newly appointed President of British Gymnastics it gives me great pleasure to once again welcome you to the spectacular Emirates Arena. We are grateful as always to our event partners EventScotland, UK Sport, Glasgow City Council, Scottish Gymnastics and Glasgow Life, and our sponsors VTB, Continental, Alto Digital, IHG and Capital FM who, in association with Scottish Gymnastics, make this event possible, and also for the support they continue to give world-class gymnastics.

Finally I hope that each of you enjoy what promises to be an exciting and entertaining day at this wonderful event.





www.glasgowlife.org.uk/gymnastics



Sixteen years ago...







The City of Glasgow brought many of the world's best gymnasts to Scotland as part of the 1997-1998 Grand Prix series of competitions. What the famous old **Kelvin Hall (photo 3)** witnessed in October 1997 served as an important steppingstone to the city's new sporting image. Sixteen years on, Glasgow is a well-known and respected name in the world of gymnastics, associated with performance excellence, organisational skills and hospitality. It will host the Commonwealth Games in 2014 and the FIG Artistic World Championships in 2015.

A number of Olympic and World Champions performed for the Scottish crowds in that first year at the Kelvin Hall: Svetlana Khorkina, Alexei Nemov, Alexei Bondarenko and Nikolai Kryukov of Russia; Simona Amanar, Gina Godgean and Marius Urzica of Romania (photo 4); Ajaz Pegan (photo 1) from Slovenia; and Paul O'Neil from the USA, to name but a few. They raised the noise levels in the Kelvin Hall to a deafening level, as did the British competitors Craig Heap, Kevin and Andrew Atherton, Kanukai Jackson; Paula Thomas, Sonia Lawrence, Janine Mortimer and Annika Reeder (photo 2).

In 1999 the competition in Glasgow was recognised by the FIG as a World Cup event and since 2011 the event earned even higher recognition as it became one of four cities to host the prestigious, category A format of the World Cup, based on the all-around competitions for men and for women.



A Stage to Invpire

UK Sport is proud to support the FIG All Around World Cup 2013 in Glasgow. Through its National Lottery funded Gold Event Series, UK Sport aims to build on the success of London 2012 and Glasgow 2014 by bringing over 70 of the world's most prestigious events to the UK.

Coming soon:

WTF Taekwondo Grand Prix 13-15 December 2013 Manchester

These events are only possible thanks to people buying National Lottery tickets. If you've bought a ticket, you're part of the team. Thank you.

BMX Supercross World Cup Series 19-20 April 2014 Manchester

ITF Wheelchair Tennis Singles



26-30 November 2014 London

Masters Series

More information at www.uksport.gov.uk/events



Britain's finest artistic gymnasts will take on the world's best today at the Emirates Arena.

Leading the British campaign for World Cup glory will be Scotsman **Daniel Purvis** and his Olympic team bronze medal winning compatriot **Sam Oldham**, whilst on the women's side **Ruby Harrold** one of the most talked about gymnasts on the world scene, will aim to end her year on a high note alongside first year senior and member of the 2012 Junior European team, **Raer Theaker**.

Facing up to the British contingent will be the 2012 World Cup champion **Elizabeth Price**,

who returns with US teammate and World Championship parallel bars bronze medal winner John Orozco. Two-time Olympian and former all-around World Champion Vanessa Ferrari from Italy and Romania's 17 year old sensation Larisa Iordache will also be ones to watch out for in the women's event. The men's field will also include the 2013 European all-around bronze medal winner Oleg Verniaiev of Ukraine and Belarus's Andre Likhovitskiy, who placed 4th on high bar, just behind Sam Oldham at the 2013 European Championships.

DAN PURVIS



Dan Purvis is looking forward to being back on home soil and competing in front of a passionate Scottish crowd ahead of next year's Commonwealth Games.

"I'm so happy to be competing in the Glasgow World Cup once again in my home country, it's going to be a great atmosphere like last year I'm sure. It's also great to have the event ahead of the Commonwealth Games next year; hopefully it will get everybody in the spirit."

RUBY HARROLD



Ruby Harrold will be making her all-around World Cup debut and is excited to face the world's best,

"I'm really excited to have been invited to compete at the Glasgow World Cup and can't wait to be performing in front of a passionate home crowd. The allaround World Cup is one of the biggest events of the year with an amazing field of gymnasts. I'm hoping to put in a good display to end what has been a really positive 2013 for me."

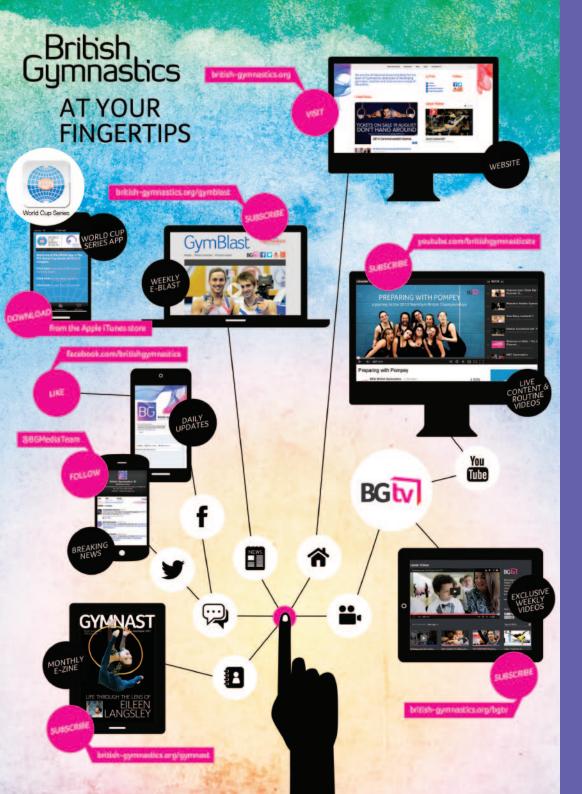


FIG World Cup Series

The 2013 / 2014 all-around World Cup Series of the International Gymnastics Federation (FIG) has four competitions in Men's and Women's Artistic Gymnastics over a period of two years.

With venues in three continents, the World Cup competitions are as follows:

30 November 201

DTB World Cup Stuttgart (GER)

7 December 2017

Glasgow World Cup (GBR)

1 March 201.

AT & T American Cup and World Cup Greensboro (USA)

5/6 April 2014

Tokyo World Cup (JPN)

In 2013 the Glasgow World Cup returns to the spectacular Emirates Arena with an entertaining new format of competition and star studded line up of men and women. The all-around World Cup competitions feature a single final round. Men compete on floor, pommel horse, rings, vault, parallel bars and high bar and women - on vault, uneven bars, beam and floor. Invitation is based on the all-around rankings from the 2013 World Championships held in Antwerp.

During the World Cup series a World ranking list will be established for men and women, with the best four results per gymnast counting for the total ranking. The top scorers will be crowned the winners of the overall series at the conclusion of the series in Tokyo. Each participant is awarded prize money depending on the position they have taken ranging from 15,000 SFR for the men's and the women's winners down to 1,000 SFR for the gymnasts who have taken the eighth position.

Competition Schedule

Saturday 7th December 2013 11:00 World Cup: Warm Up

12:50 World Cup: Competition

Rotation 1 - Men's Floor

Rotation 2 - Pommel Horse

Rotation 3 - Rings & Women's Vault

Rotation 4 - Men's Vault & Uneven Bars

Rotation 5 - Parallel Bars & Beam

Rotation 6 - Horizontal Bar & Women's Floor

17:00 Medal Ceremony

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Scottish gymnasts, who have represented Great Britain and excelled in Glasgow over the years, include:

STEVE FREW

2002, Commonwealth Games champion on rings;

BARRY COLLIE

2002, Commonwealth Games bronze medallist on vault;

ADAM COX

2006, Commonwealth Games bronze medallist on high bar;

DANIEL KEATINGS (pictured above)

2009, senior world silver all-around medallist; 2008, Olympic all-around finalist in Beijing, and double European champion on pommel horse (2010 and 2012):

DANIEL PURVIS

2010, World and European bronze medallist on floor; winner of the 2011 World Cup, 2012 European team gold and Olympic team bronze medallist. At the 2013 World Championships in Antwerp, Belgium, he finished in 7th place, qualifying for the 2013 - 2014 World Cup Series, in which he took 4th place.

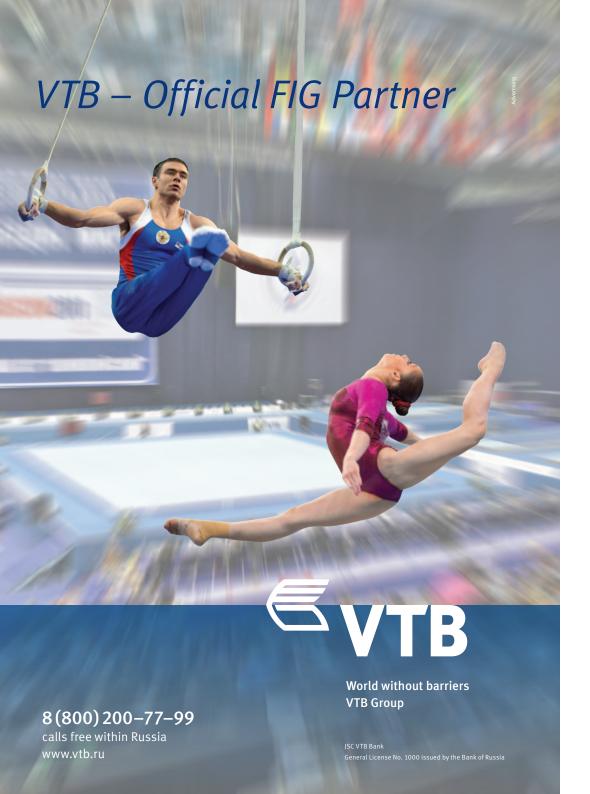
2012 Competition Results

ALL-AROUND MEN

1.	NGUYEN Marcel	GER	90.098
2.	TANAKA Kazuhito	JPN	89.998
3.	PURVIS Daniel	GBR	89.864
4.	LEYVA Danell	USA	88.232
5.	GONZALEZ Fabian	ESP	88.232
6.	SAITO Yusuke	JPN	87.464
7.	THOMAS Kristian	GBR	84.897

ALL-AROUND WOMEN

1.	PRICE Elizabeth	USA	59.165
2 .	SEITZ Elisabeth	GER	54.799
3.	BUI Kim	GER	54.732
4.	FERRARI Vanessa	ITA	54.432
5.	TUNNEY Rebecca	GBR	54.431
6.	RIPPIN Niamh	GBR	53.099
7.	NOUE Wakana	JPN	52.765
8.	HOFLAND Kaitlyn	CAN	52.099



Men's Artistic Gymnastics

The sport requires all round fitness through: strength, mobility, endurance, flexibility, body control and co-ordination. Routines are performed on six pieces of apparatus: floor, pommel horse, rings, vault, parallel bars and horizontal bar.



FLOOR EXERCISE (FX)

The floor measures 12 x 12 metres, with an additional safety border of 1 metre. The performance area must have a surface elasticity to allow for power during take-offs and softness for landing.

The gymnast's floor exercise should include movements that demonstrate strength, flexibility and balance. Each routine must combine moves such as somersaults, twists and leaps. The whole floor area should be used and the routine should show a personal touch of expression and execution. The minimum time is 50 sec. and a maximum of 1'10.



mat (2.80 metres from floor). The gymnast should perform continuous clean swinging movements and must not touch the bar with his body. He is required to demonstrate changes of grip, swinging movements both forward and backward, plus release and re-grasp of the bar. Dismounts are an important part of the total routine and are usually acrobatic and spectacular.



PARALLEL BARS (PB)

Height: 1.80 metres from top of mat (2.00 metres from floor). Like the rings, the parallel bars require a combination of swinging movements

with strength or hold parts. The gymnasts should travel along and work both above and below the bars. The exercise should consist predominantly of swinging elements.



POMMEL HORSE (PH)

Height: 1.05 metres from top of mat (1.15 metres from floor). Length at the top: 1.60 metres. Distance

between pommels: 40 to 45 cm. The pommel horse routine should be a smooth continuous chain of circular and pendulum type swings, double leg circles, scissor movements and undercuts using all parts of the horse.



RINGS (RG)

Height: 2.60 metres from top of mat (2.80 metres from floor). Ring routines should include a variety of movements demonstrating strength,

support and balance. The gymnast should perform a series of swings and holds with both forward and backward elements and the routine should finish with an acrobatic dismount.

VAULT (VT)
Height: 1.35 metres from floor. The vaulting table is situated length-wise to the approach run of 25 metres.

Each vault is awarded a value according to its difficulty. The vault should demonstrate clean and powerful movements combining height and length with one or more rotations and finish with a controlled landing. Marks are also awarded for the control of the body and the landing position.

Women's Artistic Gymnastics

This is the most popular discipline of gymnastics in the UK and one of the biggest crowd pleasers at Olympic Games. The sport demands body control, body awareness, suppleness, stamina, coordination, amplitude and courage. Routines are performed on four pieces of apparatus: vault, uneven bars, beam and floor.



BALANCE BEAM (BB)

Height of the beam from the floor: 1.25 metres. The beam is 5 metres long and only 10cm wide.

A routine on the beam should be an artistic combination of a variety of acrobatic elements, gymnastic leaps, jumps, turns, steps and running combinations, waves and balance elements in standing, sitting and lying positions. The gymnast should use the entire length of the beam, demonstrating elegance, flexibility, rhythm, tempo, balance, confidence and control. Dismount series of acrobatic elements can be very spectacular. The maximum time allowed on the beam is 1'30"



FLOOR EXERCISE (FX)

The floor measures 12 x 12 metres, with an additional safety border of 1 metre. The performance area must have a surface elasticity to allow for power during take-off and softness for landing.

The floor exercise, accompanied by music to enhance the performance, should combine dance movements and sequences with a variety of tumbling and acrobatic elements. The whole floor area should be used with the exercise being varied in mood, tempo and direction. Individuality, originality, maturity, mastery and artistry of presentation are key ingredients for a high score.

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VAULT (VT)

Height from the floor: 1.25 metres. The vaulting table is placed long ways, and is the same for both men and women.

Each vault is awarded a value according to its difficulty. The height and the length of the vault are of crucial importance together with the exactness of the turns before and after the somersault and the controlled landing.



UNEVEN BARS (UB)

Low bar is now measured from floor to top of low bar as 170cm and to high bar top at 250cm. The maximum width allowed between the bars is 180cm.

Swinging and continuous movements are required on this apparatus. The exercise should include movements in both directions, above and below the bars. Elements with twists and somersaults with multiple grip changes and high flight should be demonstrated to maximise scores. Often a spectacular dismount ends the routine.







Home Town: Liverpool Club: Southport YMCA

Coach: Jeff Brookes/Andre Popov

Best Apparatus: Floor

2013, World Championships 7th all-around, 4th on floor

2013, European Championships, Moscow, allaround 5th

2012. Olympic Games, London - team bronze **2012**, European Championship - team gold 2011, World Championships, 4th all-around 2011, European Championships, Berlin - bronze all-around

Dan, who competes for Scotland and Great Britain, was part of Team GB's bronze medal winning team at the London 2012 Olympic Games. He has been one of Britain's most successful gymnasts on the international stage in recent years winning medals at European and World Championships. At the recent World Championship Dan was in superb form placing 7th all-around and just missing out on a floor medal, finishing in 4th place.



6th on high bar at 2013 Japan Championships

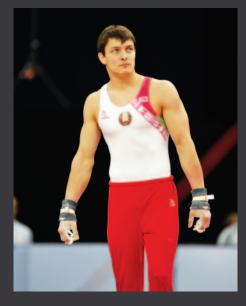
Club: Tokushukai Gymnastics Club Best Apparatus: High bar

2013, Japanese Championships, 6th high bar, 11th parallel bars

2013, NHK Cup, Tokyo, all-around 11th

2011, University Games, team gold with Japan







Place of birth: Russia

Mikalay Fedorenko

Best Apparatus: High bar

2013, European Championships, Moscow, high bar 4th, pommel horse 9th 2013, World Championships, Antwerp, all-around

Andre is from Russia and was the 2010 Russian Champion before gaining Belarusian citizenship in 2011 going on to first represent Belarus at the 2011 World Championship in Tokyo (Japan). He just missed out on a first major championships

medal placing 4th on high bar at this year's European Championships.



Home Town: Nottingham

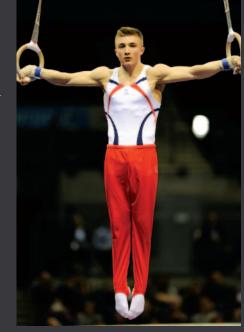
Huntingdon Olympic GC

Sergei Sizhanov Best Apparatus: High bar

2013, European Championships, Moscow, high

2012, Olympic Games, London team bronze **2011**, European Championships, Berlin, high bar

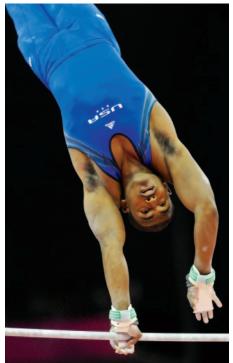
Sam has risen from a superb junior career into one of Britain's best senior gymnasts. He was part of the history-making London 2012 Olympic Games bronze medal winning team and has gone on to claim international individual success by winning the high bar silver at this year's European Championships.



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MEN'S PROFILES





2013 World Championship parallel bars bronze

Home town: Bronx, NY

Club: U.S.O.T.C. Gymnastics
Coach: Vitaly Marinitch
Best Apparatus: Parallel bars

2013, World Championships, Antwerp, parallel bars bronze

2012, Olympic Games, London, 8th all-around, 5th team

2011, World Championships, Tokyo team bronze, 5th all-around

John has had international success both individually and alongside his American team-mates. Competing at the London 2012 Olympic Games he helped the team to qualify in top spot for the team final eventually placing 5th while he also finished 8th in the all-around final. At the recent World Championships John took bronze on the parallel bars and 5th all-around.



Member of the German London 2012 Olympic team

Home Town: Hannover
Club: TK Hannover
Coach: Andreas Hirsch
Best Apparatus: Rings

2013, European Championships, Moscow, allaround 7th

2012, Olympic Games, London, team 7th 2012, FIG World Cup, Doha, rings 4th

Andreas was part of the London 2012 German Olympic team who placed 4th in qualification and 7th in the team final. His best individual result came earlier this year at the 2013 European Championship where he placed 7th in the allaround.







2013 European all-around bronze

Home Town: Donetsk

Club: Armed Forces of Ukraine
Coach: Yury Yermakov & Gennadi
Sartynskyi

Best Apparatus: Parallel bars

2013, World Championship Antwerp, vault 8th and all-around 15th

2013, European Championships, Moscow, allaround bronze, parallel bars 5th and vault 6th 2012, Olympic Games, London - team 4th; allaround 11th

2012, European Championships, Montpellier - team 5th; silver parallel bars

2011, World Championship, Tokyo, team 5th

Oleg is one of the most promising young gymnasts on the international stage. At the London 2012 Olympic Games he helped guide Ukraine to 4th place narrowly missing out on a medal in agonising fashion as a successful Japanese appeal forced them off the medal rostrum. Oleg has continued to progress with good performances at the 2013 European and World Championships.



20, SPAIN

9th all-around at the London 2012 Olympic Games

Home Town: Palma de Mallorca

Club: CG Palma

Coach: Alvaro Montesinos

Best Apparatus: High bar

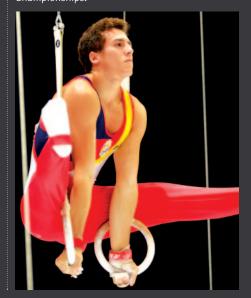
2013, World Championships, Antwerp, all-around

2013, European Championships, Moscow, allaround 6th

2012, Olympic Games, London - team 9th, allaround 9th

2011, World Championships, Tokyo - team 11th 2010, World Championships, Rotterdam - team 11th

Fabian was Spain's top gymnast at the London 2012 Olympic Games contributing to the team 9th placing and also 9th in the individual all-around – one of the best achievements of all debutantes at the Games. He has continued his form into 2013 with good showings at the European and World Championships.



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Two-time 2012 World Cup all-around champion (Stuttgart & Glasgow)

Hometown: Coopersburg , Pennsylvania
Club: Parketts National GC
Coach: Bill and Donna Strauss
Best Apparatus: Vault and floor

2012, Glasgow World Cup Champion2012, Stuttgart World Cup Champion

2012, reserve for the US London 2012 Olympic team

Elizabeth Price burst on to the international scene in 2012 when she won both the Glasgow and Stuttgart World Cup rounds in style. Her power across all four apparatus made her unstoppable. She is a strong competitor and was the reserve for the 2012 US Olympic team that went on to win team gold.



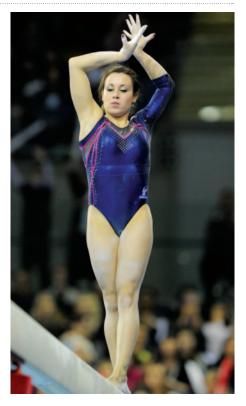
2006 all-around World Champion and two time Olympian

Hometown: Genivolta, Cremona Club: C.S Esercito
Coach: Enrico Casella
Best Apparatus: Floor

2013, World Championships floor silver medal

2012, Olympic Games 8th all-around 2012, Italian National Champion 2007, European all-around Champion 2006, World all-around Champion

Vanessa is an extremely powerful yet elegant gymnast who has been making waves on the international scene since 2006 when she became the World Champion at just 15 years old – Italy's first female all-around winner. Her skill set includes a handful of unusual elements; she was the first gymnast to compete a split leap with a full turn to ring on the floor which is named after her. At the 2013 World Championships she took silver on the floor.







2013 World Championships bars finalist

Hometown: Bristol
Club: The Academy
Coach: Liz Kincaid
Best Apparatus: Uneven bars

2013, World Championships 17th all-around, 7th in bars final

2013, European Championships all-around, bars and beam finals

2013, Doha World Cup bars silver

Ruby is known for her complex bar work and strong vaulting. She represented Great Britain at the 2010 Junior European Championships and went on to represent the country again at the 2012 senior Europeans where she helped the team to 4th place and made the bars final. At the 2013 European Championships she made the all-around, bars and beam finals and she followed this up later in the year by making the bars and all around finals at the World Championships.



2013 Toyko World Cup Champion

Hometown: Aichi
Club: Legyc Sports
Coach: Shuji Sakamoto

Best Apparatus: Vault

2013, Tokyo World Cup Champion2013, World Championships 9th all-around

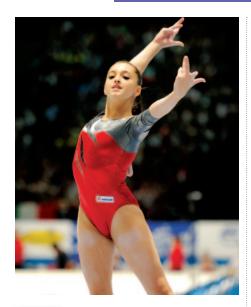
2012, London Olympic Games 11th all-around

Asuka is an integral member of the Japanese team and in 2013 proved her status as a top allaround gymnast by winning the Tokyo World Cup. She also went on to finish 9th all around at this year's World Championships after qualifying in 23rd position.



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WOMEN'S PROFILES





2012 European floor Champion & 2013 European beam Champion

Hometown: Bucharest
Club: CSS Dinamo
Coach: Octavian Bellu
Best Apparatus: Beam

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2013, Doha World Cup beam Champion 2013, European Championships all-around, vault, floor silver and beam Champion

2013, World Championships all-around 4th and bronze in the floor final

2012, London Olympic Games team bronze, 9th all-around. 6th in beam final

2012, European Champions team gold, silver in beam final, floor champion

Larisa is the 2013 European individual all-around silver medallist. She won a bronze medal as part of the Romanian team at the 2012 London Olympics. She also won two gold and one silver medal at the 2012 European Championships and at the 2013 European Championships; she won gold on beam and three silvers (all-around, floor and vault). At the 2013 World Championships she took floor silver.



2013 European Championships 6th all-around

Hometown: Madrid Club: CARD Coach: Lucia G

Coach: Lucia Guisado
Best Apparatus: Floor and vault

2013, European Championships 6th all-around2013, Spanish all-around National Champion2013, World Championships 12th all-around

Roxana is the youngest competitor in Glasgow, at just 16 years old she is still a first year senior gymnast. A very popular gymnast known especially for her vault and floor she is the current Spanish National Champion and after finishing 12th all-around at the 2013 World Championships she shows great promise for the future.







Represented GBR at the 2012 Junior European Championships

Hometown: Cardiff
Club: Cardiff Central
Coach: Tracey Skirton

Best Apparatus: Floor

2011, Youth Commonwealth Games, silver on beam, bars and team2012, Represented Great Britain at the Junior European Championships

2012, Junior British Championships vault champion. bronze on floor

2013, Welsh Championships silver all-around 2013, Senior British Championships 6th all-around, floor silver

Raer is one of Great Britain's most promising young stars and is known for her complex forward tumbling on the floor and strong vaulting. She is two-time British junior vault champion and first represented Great Britain at the 2012 Junior European Championships. In 2013 Raer finished 2nd all-around in the Welsh Championships in her first year as a senior gymnast and took British floor silver.



2011 European beam silver and 2012 Olympian

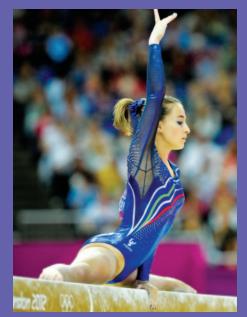
Hometown: Lissone
Club: GAL Lissone
Coaches: Claudia Ferrè and Paolo Bucci

Rost Apparatus: Roam

Best Apparatus: Beam

2013, World Championships 5th in beam finals
2012, London Olympic Games Italy team member
2012, European Championships team bronze
2011, European Championships beam silver
2011, World Championships 14th all-around

Carlotta is well known for her strong beam work and is a vital member of the Italian team. Since starting her senior career in 2011, she has won two medals at the European Championships and represented her country at the 2012 London Olympics.





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As the qualifier for the Rio 2016 Olympic Games, the 2015 World Gymnastics Championships presents the unique opportunity to see the world's greatest gymnasts perform at their peak. Every gymnast will push themselves to the limit to become World Champion and to keep their Olympic dream alive.

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Glasgow World Cup Gymnastics 2013



Daniel Purvis (GBR)



Elizabeth Price (USA)



Masayoshi Yamamoto (JPN)



Vanessa Ferrari (ITA)



Andre Likovitskiy (BLR)



Ruby Harrold (GBR)



Sam Oldham (GBR)



Asuka Teramoto (JPN)



John Orozco (USA)



Larisa Iordache (ROU)



Andreas Toba (GER)



Roxana Popa Nedlecu (ESP)



Oleg Verniaiev (UKR)



Raer Theaker (GBR)



Fabian Gonzáles Vidal (ESP)



Carlotta Ferlito (ITA)



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